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UNIVERSITY APARTMENTS

Paladino Named Student-Athlete of the Week



Paladino

MORGANTOWN, W.Va. (May 16, 2016) - Following her silver-medal performance in the 1,500-meter run at the 2016 Big 12 Outdoor Championship, sophomore Millie Paladino of the West Virginia University track and field team has been named the WVU Student-Athlete of the Week, presented by University Apartments.

At the three-day conference championship, Paladino qualified for the finals in the 1,500-meter after winning her prelim on May 14 with a career-best time of 4:41.09, the fifth-fastest time in WVU outdoor history. She improved 0.26 seconds from her previous best time, set in the 2015 outdoor season.

The Morgantown, West Virginia, native, won a silver medal in the finals on May 15, after crossing the finish line in second place with a time of 4:22.01. Paladino was one of eight Mountaineers to earn All-Big 12 honors for placing in the top eight.

Paladino's time is tied for the seventh-fastest time in the Big 12 this year and is No. 71 in the country. She also ranks 25th in the NCAA Division I East Outdoor qualifying list.

Picture of the Week



PHOTO CREDIT: ALL-PRO PHOTOGRAPHY/DALE SPARKS

WVU coach Randy Mazey poses with baseball graduates Ross Vance, Shaun Wood, K.C. Huth, Jackson Sigman and Jeff Hardy prior to the home finale vs. William & Mary game at Monongalia County Ballpark, on Sunday.

WVU Athletes of the Week Winter/Spring 2016

- Week 1: Zeke Moisey, wrestling
- Week 2: Ginny Thrasher, rifle
- Week 3: Zaakira Muhammad, gymnastics
- Week 4: Shamoya McNeil, track and field
- Week 5: Tony DeAngelo, wrestling
- Week 6: Jacob A. Smith, wrestling
- Week 7: Ray Guerrini, baseball
- Week 8: Andrew Marsh, men's swimming
- Week 9: Alexa Goldberg, gymnastics
- Week 10: Ginny Thrasher, rifle
- Week 11: Kirah Koshinski, gymnastics
- Week 12: Jeff Hardy, baseball
- Week 13: Jackson Cramer, baseball
- Week 14: First Novice Four Boat, rowing
- Week 15: Alan Cooke, men's golf
- Week 16: Michael Grove, baseball
- Week 17: Max Sear, men's golf
- Week 18: Amy Cashin, track and field
- Week 19: Millie Paladino, track and field



HEAD COACH:
RANDY MAZEY

WEST VIRGINIA BASEBALL

This Week in Baseball: West Virginia finishes the season on the road ... the season-ending roadtrip begins at Pitt on Tuesday, May 17 at 6 p.m. ET ... WVU then travels to No. 7 Texas Tech from May 19-21 before the Big 12 Championship begins on May 25.

Last Week in Baseball: West Virginia went 4-0 last week, with a 4-1 win against Maryland before a sweep of William & Mary to conclude the home season ... in the opening game of a doubleheader against William & Mary on Friday, WVU rallied from a 7-0 deficit in the seventh inning to score eight unanswered runs to win 8-7 in 10 innings ... sophomore Shaun Corso drove in the game-tying run in a four-run eighth inning and singled home the winning run in the 10th ... in Friday's nightcap, WVU earned another 1-run victory, 7-6. After an off day on Saturday, the Mountaineers jumped out with four runs in the first inning to beat W&M, 6-1 on Senior Day.

Notes: West Virginia improved to 31-19 on the season and 20-10 at home after a 4-0 week ... WVU has won nine in a row, the longest winning streak since WVU won 11 in a row in 2008 ... WVU has swept back-to-back series for the first time since 2008 ... a total of 40,390 fans filled Monongalia County Ballpark in 2016, the highest home attendance in team history ... WVU improved to 11-4 in one-run games ... before Sunday's game, coach Randy Mazey and WVU Director of Athletics Shane Lyons honored the team's senior class (Jeff Hardy, KC Huth, Blake Smith and Ross Vance) and graduating student-athletes (seniors Jeff Hardy, KC Huth, Ross Vance and juniors Jackson Sigman and Shaun Wood) ... in Friday's opener against William & Mary, junior Chad Donato recorded his 100th strikeout of the season to become the ninth player in team history to strike out 100 batters in a single season ... senior Blake Smith picked up two saves and a win on the week and now has eight saves this season, the second-most in a single season in program history ... junior Jackson Cramer hit two home runs last week and now has eight on the season and 17 in his career ... junior Shaun Wood hit his third homer of the season and 14th of his career on Friday ... freshman Braden Zarbnisky earned the win in Friday's second game to improve to 4-0 on the season ... sophomore Conner Dotson won his second consecutive start and has a team-best six wins.



HEAD COACH:
JIMMY KING

WEST VIRGINIA ROWING

This Week in Rowing: West Virginia concluded its 2016 campaign at the 2016 Big 12 Rowing Championship, held on May 14-15.

Last Week in Rowing: The Mountaineers raced at the 2016 Big 12 Rowing Championship on May 14-15, in Oak Ridge, Tennessee ... the Mountaineers collected 12 team points to finish eighth overall ... among Big 12 foes, WVU was fifth with 57 team points.

Notes: WVU's second varsity eight boat finished in fifth place overall with a Grand Final time of 7:13.679 ... the Mountaineers placed fifth out of eight crews to place one spot higher than its original seed ... West Virginia's second varsity four crew captured a first-place finish in the Petite Final with a time of 8:09.853 ... WVU placed seventh overall in the second varsity four event to also place one spot higher than its original seed ... additionally, the first varsity eight boat placed second with a Petite Final time of 7:03.769, just two seconds shy of Alabama's crew (7:01.659) ... the third varsity eight boat crossed the finish line with a Petite Final time of 7:29.100 to place second behind Old Dominion (7:27.592) ... the first varsity four crew completed the 2,000-meter course with a Petite Final time of 8:13.037 to place second behind Big 12 foe Kansas State (7:51.015) ... this weekend's championship marked the final race for four Mountaineer seniors: Sadie Kalathunkal, Susannah Hartlove, Elizabeth Kantak and Brittany James ... Kantak capped her career by being named to the All-Big 12 Rowing Team.

Coach Jimmy King following the second day of competition at the Big 12 Championship: "The racing effort put forth by our crews today was very good. Our second varsity eight and second varsity four finished one spot higher than their seeds. Overall, our team raced more competitively than in years past."



HEAD COACH:
SEAN CLEARY

WEST VIRGINIA

TRACK & FIELD

This week in Track and Field: The Mountaineers will await the announcement of the official list of qualifiers for the 2016 NCAA Outdoor Track and Field East Preliminary Championships from May 26-28 at Hodges Stadium in Jacksonville, Florida.

Last Week in Track and Field: The West Virginia University track and field team completed the three-day Big 12 Outdoor Championship, earning a total of eight All-Big 12 accolades in Fort Worth, Texas, from May 13-15.

Notes: At the three-day championship, eight Mountaineers earned All-Big 12 honors for placing in the top eight: senior Hannah Stone, junior Amy Cashin, sophomores Sara Finrock, Jillian Forsey, Shamoya McNeil and Millie Paladino and freshmen Danique Bryan and Faith Penny ... on Sunday, six Mountaineers earned All-Big 12 honors: Cashin, Forsey, McNeil, Paladino, Penny and Stone, including two silver medals from Cashin and Paladino ... Cashin appeared on the Big 12 podium after finishing in second place in the 3,000-meter steeplechase with a time of 10:23.68 ... she was just 6.46 seconds away from beating Oklahoma State's Ingeborg Loevnes to win the title ... WVU's other silver medal came from Paladino in the finals of the 1,500-meter run ... Paladino crossed the finish line in second place with a time of 4:22.01 ... she qualified for the finals after winning her prelim on Saturday with a career-best time of 4:21.09, the fifth-best time in WVU's outdoor history ... Stone placed fourth in the high jump, marking 1.71 meters to earn a spot on the podium and All-Big 12 honors ... Penny tied for sixth place in the event with a mark of 1.66 meters, also good for All-Big 12 accolades .. in the triple jump, McNeil placed sixth with a leap of 12.67 meters to also earn a spot on the All-Big 12 Team ... West Virginia took another top-six finish in the 5,000-meter run as Forsey placed sixth with a time of 16:42.18 ... on Saturday, two Mountaineers, Bryan and Finrock, earned All-Big 12 honors.

Coach Sean Cleary after the Big 12 Outdoor Championship: "We came to Texas looking to put eight athletes on the stand to be named to the All-Big 12 Team. I am pleased that we were able to accomplish that goal. Our freshman and sophomore class earned seven of those honors. We will take this momentum and run with it. I can say this about our team, we came to this meet and will return home knowing that every young lady who competed for the blue and gold did so with the utmost pride and effort."

Baseball

Overall Record: 20-18

Big 12 Record: 6-8

Date	Opponent	Result/Time
Feb 19	at Charleston Southern	L, 4-3
Feb 20	at Charleston Southern	W, 5-0
Feb 21	at Charleston Southern	W, 3-0
Feb 26	at UNLV	W, 9-6
Feb 27	at UNLV	W, 13-1
Feb 28	at UNLV	W, 9-4
Feb 29	at Arizona Diamondbacks	L, 7-4 (Exh.)
Mar 03	at Hawaii	L, 4-1
Mar 04	at Hawaii	W, 4-1
Mar 05	at Hawaii	L, 6-2
Mar 06	at Hawaii	W, 9-2
Mar 11	Old Dominion	W, 4-3
Mar 12	Old Dominion	L, 5-4 (10 inn.)
Mar 13	Old Dominion	W, 6-5 (12 inn.)
Mar 15	Radford	W, 6-2
Mar 18	at TCU*	L, 10-6
Mar 19	at TCU*	L, 7-1
Mar 20	at TCU*	L, 14-2
Mar 22	at Penn State	L, 5-4
Mar 25	at Kansas*	W, 1-0
Mar 26	at Kansas*	W, 11-6
Mar 27	at Kansas*	Cancelled
Mar 29	Canisius	L, 7-5 (10 inn.)
Mar 30	Canisius	L, 9-0
Apr 01	Oklahoma State*	W, 5-4 (10 inn.)
Apr 02	Oklahoma State*	W, 4-3
Apr 03	Oklahoma State*	L, 8-1
Apr 05	at Marshall	W, 5-4 (10 inn.)
Apr 06	Eastern Michigan	W, 5-1
Apr 08	Furman	L, 7-3
Apr 10	Furman	L, 8-6
Apr 10	Furman	W, 8-5
Apr 12	Pitt	L, 4-1
Apr 15	Kansas State*	L, 8-6
Apr 16	Kansas State*	L, 15-2
Apr 17	Kansas State*	W, 5-4
Apr 19	Youngstown State	W, 13-3
Apr 22	at Oklahoma*	L, 1-0 (10 inn.)
Apr 23	at Oklahoma*	L, 12-6
Apr 24	at Oklahoma*	W, 12-7
Apr 27	Marshall	W, 9-8
Apr 29	Baylor*	W, 10-0
Apr 30	Baylor*	L, 8-6
Apr 30	Baylor*	W, 5-1
May 03	Virginia Tech	W, 5-4
May 06	Texas*	W, 11-2
May 07	Texas*	W, 14-7
May 08	Texas*	W, 9-5
May 10	Maryland	W, 4-1
May 13	William & Mary	W, 8-7 (10 inn.)
May 13	William & Mary	W, 7-6
May 15	William & Mary	W, 6-1
May 17	at Pitt	6:00 p.m.
May 19	at Texas Tech*	7:30 p.m.
May 20	at Texas Tech*	3:00 p.m.
May 21	at Texas Tech*	2:00 p.m.

Big 12 Conference*

All times are Eastern and subject to change

Rowing

Date	Opponent	Result/Time
Mar 12	Oak Ridge Cardinal Invite (Oak Ridge, Tenn.)	No Team Results
Mar 13	Oak Ridge Cardinal Invite (Oak Ridge, Tenn.)	No Team Results
Mar 25	North Carolina Duals (Raleigh, N.C.)	No Team Results
Apr 09	Knecht Cup (West Windsor, N.J.)	No Team Results
Apr 10	Knecht Cup (West Windsor, N.J.)	No Team Results
Apr 23	at Duquesne (Pittsburgh, Pa.)	No Team Results
May 01	EAWRC Sprints (Worcester, Mass.)	No Team Results
May 14	Big 12 Championship (Oak Ridge, Tenn.)	8th place
May 15	Big 12 Championship (Oak Ridge, Tenn.)	8th place

Track and Field

Date	Opponent	Result/Time
Dec 04	WVU Inter-Squad	No Team Results
Jan 16	Nittany Lion Challenge	No Team Results
Jan 29	Penn State National Invite	No Team Results
Jan 30	Penn State National Invite	No Team Results
Feb 05	Akron Invitational	No Team Results
Feb 06	Akron Invitational	No Team Results
Feb 11	High Point Team Challenge	6-1
Feb 20	Penn State Tune Up	No Team Results
Feb 26	Big 12 Championship (Ames, Iowa)	9th place
Feb 27	Big 12 Championship (Ames, Iowa)	9th place
Mar 18-19	Wake Forest (Winston-Salem, N.C.)	No Team Results
Apr 1	Texas Relays (Austin, Texas)	No Team Results
Apr 1	Stanford Invitational (Stanford, Calif.)	No Team Results
Apr 9	Mason Spring Invitational (Fairfax, Va.)	9th place
Apr 16	Bison Outdoor Challenge (Lewisburg, Pa)	No Team Results
Apr 17	Bison Outdoor Challenge (Lewisburg, Pa)	No Team Results
Apr 22	Virginia Challenge (Charlottesville, Va.)	No Team Results
Apr 22	Jesse Owens Classic (Columbus, Ohio)	No Team Results
Apr 23	Jesse Owens Classic (Columbus, Ohio)	No Team Results
Apr 23	Virginia Challenge (Charlottesville, Va.)	No Team Results
Apr 28	Penn Relays (Philadelphia, Pa.)	No Team Results
Apr 29	Penn Relays (Philadelphia, Pa.)	No Team Results
May 6	Jim Thorpe Invite (University Park, Pa.)	No Team Results
May 6	Billy Hayes Invitational (Bloomington, Ind.)	No Team Results
May 13	Big 12 Outdoor Championship (Fort Worth, Texas)	9th place
May 14	Big 12 Outdoor Championship (Fort Worth, Texas)	9th place
May 15	Big 12 Outdoor Championship (Fort Worth, Texas)	9th place
May 27	NCAA Preliminary Round (Jacksonville, Fla.)	3:00 p.m.
June 8	NCAA Outdoor Championships (Eugene, Ore.)	12:30 p.m.
June 9	NCAA Outdoor Championships (Eugene, Ore.)	10:30 a.m.
June 10	NCAA Outdoor Championships (Eugene, Ore.)	12:30 p.m.
June 11	NCAA Outdoor Championships (Eugene, Ore.)	11:30 a.m.
June 24	USATF Junior Outdoor Championships (Clovis, Calif.)	12:30 p.m.
June 25	USATF Junior Outdoor Championships (Clovis, Calif.)	9:00 a.m.
June 26	USATF Junior Outdoor Championships (Clovis, Calif.)	9:00 a.m.
June 30	JAAA National Championships (Kingston, Jamaica)	10:00 a.m.
July 1	JAAA National Championships (Kingston, Jamaica)	10:00 a.m.
July 2	JAAA National Championships (Kingston, Jamaica)	10:00 a.m.
July 3	JAAA National Championships (Kingston, Jamaica)	10:00 a.m.